



► HC ARTS COUNCIL
SUMMER CAMPS.....2



► HCGH WELLNESS
CLASSES.....2



► CFA SUMMER
FESTIVAL.....3

○ ISSUE 49 | ○ VOLUME 5

Community *notes*

Upcoming Events This Weekend

Wine in the Woods

Visit Merriweather Symphony Woods Park on Saturday, May 16 (11:00 a.m. - 6:00 p.m.) or Sunday, May 17 (11:00 a.m. - 5:00 p.m.). Sample wines from around the state, enjoy a wide variety of delicious food, shop for handcrafted items and show off your best dance moves to many genres of music. Visit the [website](#) for all the details. There will be many pedestrians in Downtown Columbia this weekend. Expect traffic delays.

Godspell

Silhouette Stages hosts six performances of this rousing musical: May 15-17 and May 22-24 at Slayton House, 10400 Cross Fox Lane, Columbia. Friday and Saturday performances take place at 8:00 p.m. and Sunday matinees begin at 3:00 p.m. For more information and tickets, please visit their [website](#).



Columbia Triathlon

On Sunday, May 17, the Ulman Cancer Fund for Young Adults hosts the Columbia Triathlon at Centennial Park. A 25 mile bike course begins and ends at Centennial Park and travels along MD 108 to Folly Quarter Road to Dayton. A 6.2 mile run course includes terrain around the neighborhoods of Ellicott City between Centennial Lane and Old Annapolis Road.

Expect traffic delays on Sunday morning as early as 4:45 a.m.

Greeting

The middle weekend in May promises a good deal of fun with a full schedule of activities in the region. I hope for great weather and safe travels with your family and friends.

MayKay

Empty Bowls

Atholton High School's National Honor Society hosts Empty Bowls 2015 and Student Art Show on Friday, May 15, 5:00—8:00 p.m. to benefit Grassroots Crisis Intervention Center. Admission to the art show is free. Enjoy soup and bread (donated by faculty, students and parents) in handmade bowls by the students for \$10.

Symphonic Pops Concert

The Columbia Orchestra will perform on Saturday, May 16 at 7:30 p.m. in the Jim Rouse Theatre, Wilde Lake High School. Enjoy a program of music from movies, Broadway shows, jazz standards (performed by Delores King Williams and the Columbia Jazz Band) and classical selections. Tickets are available [online](#).



Nature Hike and Yoga Event

Activities and Events at Robinson Nature Center Sunday, May 17, RNC will host a Yoga Hike and Social for Young Adults. Beginning at 8:30 a.m., participants will take a unique nature walk and yoga class. Afterward, join the group for brunch at Hickory Ridge Grill. The cost is \$20 pp. Preregister by May 15. Click [here](#) to register. Visit the [RNC activities webpage](#) for other events.

Launch of OpenHoward

Howard County has announced the launch of OpenHoward, a new data portal on the county's website. OpenHoward was developed to provide data to the public in a user-friendly way and will transform government data assets into productive information resources that people can easily access, share and reuse.

This open data "beta" launch is intended to showcase how data will be delivered. Initially, the site displays 52 datasets, 17 maps and three charts. For example, records of emergency vehicle dispatch and arrival times are available, as are non-emergency service requests made through Tell HoCo, a mobile and web-based application. Residents can review service requests for everything from sidewalk repairs and filling potholes to the removal of dead animals and tree limbs from a County owned roadway.

Click [here](#) to access the OpenHoward data portal. Data sets are organized by category, such as public safety, licenses and permits and transportation. OpenHoward is the first phase of HoCoStat. Future phases will include analyzing data to heighten accountability and measuring outcomes for county departments and agencies.

HC Arts Council Summer Camps

Space is still available for visual and performing arts summer camps at the Howard County Arts Council (HCAC) in Ellicott City. Programs are open to the public, regardless of residency in Howard County, for students entering grades K-7. Campers must be a minimum of five years of age by September 1, 2015 to be eligible for summer camp.

Campers are grouped by age and may enroll for a full or half day. Before-care beginning at 8:00 a.m. and after-care until 6:00 p.m. is also available. Students may select from age-appropriate visual and performing arts camps including World Art, Dance It Out!, Monster Madness, Everybody is a Hero, All the World's a Stage, Making Memories, Fun with Sculpture, Mosaic Caravan, Lights of Broadway, and much more. Camps conclude with an exhibit or performance of student work on the last day of each camp session. HCAC employs experienced teachers who are each aided by 1-3 camp assistants. Classes are limited to 20 campers.

Summer camps begin June 22 and run in one-week sessions through August 14, 2015. Registration is available online at www.hocoarts.org or by phone at 410-313-2787.

The Howard County Center for the Arts is a multi-disciplinary space including 14 resident artists' studios, two professional galleries, a dance studio, the black box theatre for performing arts, and the offices of the Howard County Arts Council, Chesapeake Shakespeare Company, The Columbia Orchestra and the Howard County Ballet.

Wellness Classes

Howard County General Hospital offers a wide range of wellness classes. These classes are held at the HCGH Wellness Center (10710 Charter Drive, Suite 100, Columbia) unless otherwise listed. Online advanced registration at www.hcgh.org is advised for all programs.

Looking to Lose Weight This Year (Part 1)

Our certified nutritionist and registered dietitian will discuss physiology and health challenges that affect your weight. 6/1, 7–8:30 p.m. Free.

Kitchen Wisdom (Part 2)

Sample food and learn how to spice up healthy meals with herbs and spices. 6/8, 7–8:30 p.m. Register for one or both parts. Free.

Smoke-Free Lungs

Education and support for those wanting to quit or who have quit. 6/4, 7–9 p.m. Free.

AARP Driver Safety

Classroom refresher for ages 50+. 6/22, 8/17, 10a.m.–2:30 p.m. \$15/AARP members, \$20/others.

Medicare 101

Learn about Original Medicare (Parts A and B) and Prescription Drug coverage (Part D). Presented by the State Health Insurance Assistance Program, Howard County Office on Aging. 6/9, 10–11:30 a.m. Free.

Medicare 102

Learn about Medicare Health Plans (Part C) and Medicare Supplement Policies. Presented by the State Health Insurance Assistance Program, Howard County Office on Aging. 6/16, 10–11:30 a.m. Free.

Fitness Fun for Seniors

Individuals age 60 and older exercise at their own pace. Includes stretching and low-impact exercise. Mondays and Wednesdays, 9:30–10:30 a.m. \$64/8-week sessions.

Prenatal Exercise

Taught by a certified instructor. Physician permission required. Six-week session, Thursdays 5/20–6/24, 5:45–6:45 p.m. \$66/six sessions.

Living with Diabetes

Learn from an endocrinologist, podiatrist, psychologist, diabetes nurse educator and dietitian. 443-718-3000. 5/15 & 19, 6/19 & 23, 8:30 a.m.–2:30 p.m. in the Bolduc Family Outpatient Center at HCGH.

Women's Self Defense

Women (16 and up) learn and practice highly effective, easy-to-learn techniques designed for adult situations. 6/27, 9 a.m.–12 p.m. \$50.

Hearing and Vision Screening

General hearing and vision screenings for all ages from 6 years to adult. Includes glaucoma screening. Bring eyeglasses if you wear them. 6/29, 3–6 p.m. Free.

Columbia Festival of the Arts Presents...

Cross Currents, the Summer Festival offered by the Columbia Festival of the Arts, features diverse free and ticketed events including film, dance, comedy, theatre, art exhibitions, a concert performance by GRAMMY® winning music legends, ***Blind Boys of Alabama***, and a free weekend of outdoor entertainment for the whole family.

The Festival kicks off with Free Opening Weekend on the Lakefront June 12-14, and continues through June 27 with electrifying performances and fascinating hybrids like global sensation ***Pilobolus***, fusing modern dance theatre and acrobatics, and ***Hot Club of San Francisco: Cinema Vivant***, celebrating imagination with vintage silent film and live gypsy swing. The 2015 Summer Festival will conclude with ***The Best of The Second City***, the legendary sketch and improv group of comedy's best and brightest. For details, visit columbiafestival.org.

Open Streets Events

The Horizon Foundation will host "Open Streets Howard County" on Saturday, June 13 from 10:00 a.m. to 2:00 p.m. on the Little Patuxent Parkway Loop and at Swansfield Elementary School. Experience the possibilities of roads with bike lanes, bio-swales/planters and pedestrian-friendly features. During the demonstration, enjoy fun activities in and around the LPP loop. Click [here](#) for more information. Interested in volunteering at the event? Visit the [Facebook page](#) for the May 12 post and all the details.

Last Chance to Apply for Journey Camp 2015

Journey Camp will take place from Sunday, July 12 through Saturday, July 18, at Washington College in Chestertown, MD. Journey Camp is for rising 7th, 8th, and 9th grade girls.

The cost of the camp is \$730 if paying by check, and \$755 if paying by credit card. Scholarships are also available. Applications can be obtained at www.mlw.org and will also be available in guidance counselor offices at local middle schools. Limited financial assistance is available. For further information, contact the MLW office at 301-444-8623 or office@mlw.org.

Call for Artists for the Bernice Kish Gallery

The Bernice Kish Gallery at Slayton House is accepting applications for artists to exhibit at the galleries for the 2016 gallery season. If you are interested in exhibiting your art work, click [here](#) to download an application and please submit an application by June 1, 2015. Send the completed application to Carole Black, Gallery Director by email gallery@wildelake.org or mail it to: Bernice Kish Gallery at Slayton House, 10400 Cross Fox Lane, Columbia, Maryland 21044.

CA Bicycle and Pathway Counts

Columbia Association seeks enthusiastic volunteers to help count the number of pedestrians, bicyclists and other users on CA's pathways in late May (26 – 30).

This effort is similar to an automobile traffic count by observing pathway usage. Volunteers will give 2 hours of their time to monitor bike and foot traffic at Columbia Gateway, Downtown Columbia, Jackson Pond, Lake Elkhorn, Lake Kittamaqundi, the southern terminus of Tamar Drive, and Wilde Lake Park. Anyone interested in volunteering can view the schedule and complete a registration form [online](#). If you have questions, please contact Scott Templin at Planning@ColumbiaAssociation.org or 410-715-3166.

Reminders & More

Travel Tips

Summer Vacation Season is right around the corner. Howard County's Office of Consumer Affairs offers a fact sheet for us to avoid pitfalls when we travel. Visit the [webpage](#) to download the fact sheet.

Farmers' Markets

Howard County's Farmers' Markets are now open. View the [webpage](#) for locations, times, et cetera. Would you like to learn more about local producers? Click [here](#)!

Meet The EcoGoats

This spring, the Middle Patuxent Environmental Area is employing a forester and his herd of goats to assist the Weed Warrior Program in their efforts to remove non-native, invasive plants from the forest's understory. The goats will be fenced into an area where there are not native plants and will then be allowed to feast on undesired vegetation. Stop by on Saturday, May 30, 1:00 – 4:00 p.m. at 5795 Trotter Road, Clarksville. The event will feature a guided hike of the MPEA by Natural Resource Managers as well as the visit to the goat pen.



Mary Kay Sigaty

mksigaty@howardcountymd.gov

Howard County on Twitter: @HoCoGov

Howard County Facebook: [facebook.com/hocogov](https://www.facebook.com/hocogov)

Howard County Council
3430 Courthouse Drive
Ellicott City, MD 21043
(410) 313-2001